

After surgery

Post operative period

You may feel slightly drowsy for a short time after the procedure. You will remain in the recovery area until fit to go home. During this period you will be sitting comfortably in a recliner, and may have light refreshments.

An adult MUST accompany you home and stay with you overnight. For the next 24 hours a small amount of anaesthetic may still be circulating in your body.

After general anaesthetic or sedation, you MUST NOT:

- Drive a vehicle or operate machinery
- Drink alcohol
- Take sedatives unless prescribed
- Sign any important legal documents during this period.

After local anaesthetic, you MUST NOT:

Drive a vehicle while the anaesthetised region (i.e. hand, foot or sight) may impair your ability to control the vehicle.

On leaving Frankston Private you will receive doctors instructions for after-care with advice on activity, bathing, dressing, wound care, who to contact if problems develop, and a follow-up appointment if appropriate.

Remember if any difficulties arise contact your doctor.



What to bring

You will need to bring:

- Health Insurance details
- Medicare card and Pharmaceutical entitlement number
- Full/Part Pension number
- Veterans' Affairs number and details
- A list of medicines, tablets or drugs you are presently taking.

Additionally for surgical patients:

- Doctors letters, reports, notes and consent form relevant to this treatment
- Any x-rays or scans relevant to this treatment
- All WorkCare or TAC information (including employer's details and claim number).



General information

Payment of accounts

Healthscope have agreements with most health funds for hospital treatment. Your insurance fund determines your requirement to pay an excess or co-payment for your admission.

Accounts must be settled prior to or on admission.

If you have health insurance, Healthscope will claim directly to your health insurance for you.

Any shortfall or excess is to be met by the patient at admission.

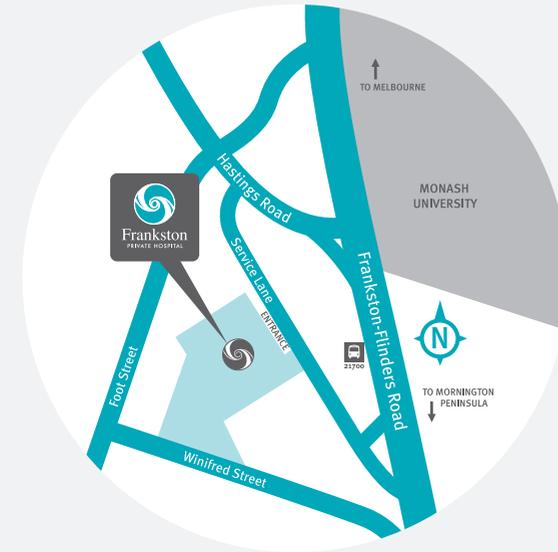
If you do not have health insurance: payments may be made by cash or credit card / EFTPOS (a 1.5% surcharge applied to credit card transactions).

Car parking

Car parking is located under the building, and street parking is available.

Public transport

Bus route: 782, 783
Bus stop number: 21700



Frankston
PRIVATE HOSPITAL

Level 2 Reception

24-28 Frankston Flinders Road
Frankston VIC 3199

Reception: 03 9781 6900 | Fax: 03 9781 6910

A Healthscope hospital.

V2 - 08/2016



Frankston
PRIVATE HOSPITAL

Admission Information



A message from the General Manager

On behalf of the staff and medical team, welcome and we thank you for choosing Frankston Private Hospital.

We are recognised leaders in quality private health care and our team of specialised staff strives to provide care of a high standard in a respectful and compassionate manner. Should you need any assistance during your time with us, please speak with the nurse who will appropriately direct your request.

We continually work to improve our patient care, so we encourage you to complete our feedback form we provide in patient waiting areas.

Regards,

Maree Fellows
General Manager

Healthscope

Since inception in 1985 Healthscope has grown to become one of Australia's largest private healthcare providers of integrated healthcare.

Healthscope plays a vital role in the health and wellbeing of Australians working cohesively within the healthcare community to offer dynamic and innovative healthcare.

We provide the highest standards of care within our private hospitals and medical centres across every state and territory in Australia, now employing over 20,000 Australians.

Award winning

The Frankston Private building won the 2007 Master Builders Association award for Excellence in Design and Construction.



Frankston Private Hospital

Healthscope have recently acquired the Frankston Private Day Surgery and Peninsula Oncology Centre.

Frankston Private Day Surgery is a modern facility incorporating:

- Three operating rooms
- Dedicated nursing and medical staff specialising in day procedures
- Up-to-date equipment in a facility designed to focus on patient care and safety and provide a pleasant environment.

Our Oncology/Infusion Service department is a modern facility dedicated to providing a comfortable environment for patients undergoing

- Chemotherapy and associated oncology tests
- Infusions including iron and similar drugs.

Prior to admission

Your completed pre-admission form should reach the facility at least 48 hours before your attendance. If you do not have this form, please phone 9781 6900.

Infusion patients only need to complete this once per treatment cycle.

Since we cannot be responsible for valuables, **please leave money and jewellery at home.**

There are no facilities to care for children, unless they are patients.

If you have previously provided a mobile number you will receive a SMS confirmation of your expected arrival time the day prior to your planned admission.

It is important to arrive punctually for your appointment to allow time for your preparation.

If you anticipate arriving later than the appointed time, please phone 9781 6900.

On arrival go directly to the Reception Desk (level 2) and your registration will be completed.



Our infusion service patients

Admissions

Patients admitted for intravenous infusions, chemotherapy or other pharmaceutical treatments are requested to report to reception on level 2.

Check whether you need to visit your oncologist first.

Treatment chairs

You will be invited to make yourself comfortable in one of our recliner chairs, while we set up for your treatment.

What to expect during your visit

- Treatments take time to administer, so bring some reading material, personal music etc. Some compact DVD players are available as well (BYO ear phones)
- During your treatment the nursing staff will update you on what you are receiving, possible side effects and post treatment expectations
- A light refreshment will be available.

Infection control

We have a comprehensive infection prevention and control program in accordance with Australian Standards.

To limit the risk of transmission of infections:

- Practice good hand hygiene and respiratory etiquette in the unit, hand sanitizer and tissues are provided
- Follow staff instruction on caring for your PICC line or Port between visits.

Prescriptions

There is an onsite pharmacy service for your discharge prescriptions.

Discharge

Upon completion of your treatment you should receive your next

- appointment time
- discharge instructions
- any discharge medications
- and pathology slip.

Rehabilitation

Como Private Hospital in Mentone offers an inpatient and outpatient rehabilitation program for Oncology patients aimed at those who experience adverse treatment side effects, fatigue, anxiety, pain and general deconditioning after treatment.

Multidisciplinary meetings

Complex patient cases are presented at the multidisciplinary team meetings where collaboration of Oncologists, Radiologists, Surgeons, Pathologist and Nurses as well as clinical researchers plan optimal treatment plans for patients.

Numerous clinical trials are conducted from Frankston Private allowing access to new oncology treatments.



Our surgical patients

Prior to surgery – depending on your procedure

For your safety it is essential that you **fast prior** to your surgery.

Note:

- Usual medications may be taken on morning of procedure with a sip of water. Check with your doctor about medications that need to be ceased prior to surgery eg. anticoagulants/blood thinners
- Information for children will be provided by your surgeon.

On the day of surgery

Wear comfortable walking shoes or slippers and loose clothing. Children may wear their own pyjamas.

Preanaesthetic

Your Anaesthetist will question and examine you pre-operatively to assess:

- Your overall medical history, current illnesses or infections
- Any drug allergies and anaesthetic problems you or your family may have had
- Medicines, tablets or drugs you are presently taking. Please bring a current list.